

# Practical Hints & Pictorial Suggestions for Women

## Forget-me-not Design for a Lingerie Parasol

THERE was a time, not so long ago, when women, especially the very young ones, courted tanned and weather-beaten complexions and scorned all protection from hot summer suns. They know better now, and veils and parasols are once more in high favor.

Handily is this so. The sunburnt, frowny-headed, hatless young woman may enjoy looking at herself, but certainly she has none of the dainty, feminine charm for others that is found in the woman who recognizes the possibilities of the parasol.

The old-time sunshade was strictly utilitarian. It began and ended its mission in life as a shield from a too ardent sun—with never a thought for beauty or appropriateness. Most women owned one, or at most two, usually a purple blue, or a vivid scarlet, which must do duty with all costumes, regardless of shrieking color discords and incongruities.

How different is the evolution of the parasol. For several seasons has it been growing more bewildering in its beauty and variety. Lingerie and laces, flowered and striped and dotted silks, gay printed nets and fine laces, ribbons, insertions and appliques, and rare hand embroidery, all play their part in the parasol of the day, which can be had to suit every taste and pocket book.

### Many Pretty Designs.

If one is in need of a fairly plain parasol this season there are those of heavy grosgrain, with floral garlands festooned around the border, or soft chiffon taffeta ones, a mass of tiny overlapping silk frills, with pinked edges.

Then there is the popular flowered or pompadour silk parasol, or the plain silk or pongee ones, well covered with solid Japanese embroideries in soft tones. There are handsome, much-befrilled lace parasols in black and white, some of them worth a small fortune, or others of the lovely flower-printed chiffons and nets, which are enjoying such a vogue.

As for the white lingerie or linen parasols, their beauty is only exceeded by their appalling cost, as they are shown to us covered with exquisite designs in the finest French embroidery, sometimes combined with inset laces, others embellished with lines of insertion, many covered with lace edges or embroidered frills.

Yes, the lingerie parasol is more exquisite than ever before, so beautiful that every woman straightway feels that she must possess at least one. But, alas! that appalling cost. Not too much, perhaps, for the work upon them, but quite prohibitive to the majority of their admirers.

Of course, there are cheap ones; but, somehow they look it. No woman can carry a machine-made parasol with quite the same pleasure as one that is hand-embroidered.

What is to be done about it? Why, begin at once to embroider one for yourself.

There is no reason why every woman should not have a really lovely lingerie parasol this summer, to add the finishing touch to her white gowns.

### May Use Old Frames.

Perhaps she has an old parasol with a handsome handle that needs recovering. If so the proposition is simplicity itself, even to the woman with little money to spare for the dainty personal belongings she loves. With skillful cutting two yards of yard-wide material will be ample for the eight panels that most parasols possess. By inverting one of them two panels can easily be cut from the width. The material may be of a heavy round thread linen, or it can be of the finer linen of very fine weave. It can also be made up in the sheerer lingerie materials, such as fine lawn, or a linen just once removed from the transparent.

A dozen skeins of fine mercerized cotton, such as No. 35 or letter D, and a dollar or two for making up the cover, if one cannot trust her own skill, complete the rest.

It is better, by the way, unless one is absolutely sure of doing it well, not to attempt to make up these lingerie parasols at home. If desired, a fine plain linen parasol can be bought, the cover removed and embroidered made up. This is hardly as satisfactory, however, as working the separate panels.

The graceful forget-me-not design for a parasol panel shown today is as beautiful as any of the imported models, yet is very simple to work.

### Directions for Working.

After transferring the design to the panel with impression paper, pad the scallops, leaves, flowers, bowknots and dots, if they are to be done in satin stitch, with a soft white darning cotton.

Buttonhole the scallops very closely and firmly, being careful to make the inside edge even. This makes a great difference in the fine appearance of embroidery.

Work an eyelet for the center of the forget-me-nots and embroider the petals in satin stitch. The small leaves are done in the same way.

If one wishes the entire parasol to be solid the dots should be padded and embroidered, but the effect will be much more lacy if they are worked as eyelets.

Do the bowknot in satin stitch quite heavily underlaid. A very dainty variation would be to insert Valenciennes lace or fillet in the loops. Firmly baste a piece of the lace over the bows before padding, sewing closely within the outlines of the ribbon. Pad through the lace, cover with a close satin stitch, and just before the cover is finished cut away the linen from underneath.

The stems should be of the fine French satin stitch, or else of the cording stitch, which is done by running the outline stitch with another thread.

This design would be also very effective developed in white on art linen in some pretty pale shade of blue, pink, green or tan.

In making up the parasol have the panels fit the frame exactly, and baste carefully, so the scallops meet without a break.

As a rule, the handle most liked for the lingerie parasol is a smooth-finished white one, but it can also be of natural wood, plain or carved, even very elaborate, jeweled ones for those who want them.

### Don'ts for the Hair.

Don't forget to have the hair thoroughly cut and singed every three months; it is not sufficient to have the long hair clipped. But special attention should be paid to the weak new hairs that spring up all along the central parting.

Don't forget to brush the hair for ten minutes every night with a whalebone bristled brush. This may make the head a little tender at first, but the tenderness soon wears off.

Don't wear pads or additional tails of hair and curls unless absolutely necessary. Anything that prevents light and air getting to the roots of the hair is extremely bad.

Don't attempt to restore gray or faded hair yourself; it is best to leave it entirely alone. If dyeing is desirable, have it done by skilled hands.

Don't have the combings of five or six years ago made up, as hair changes so in color and texture that the tail is sure not to match; rather buy a new switch to supplement nature's scanty locks, says Home Chat.

Don't use cheap hairpins or combs, they are so liable to drag and break the hair.

### Shadow Applique Can Be Quickly Done

NOT shadow work as we have known it for several seasons past, but shadow applique, is the latest thing that is attracting the attention of needlewomen who are always on the lookout for something novel in fancy work.

It is nothing more than an applique of a heavier material on a sheerer fabric, but instead of the applied figures being on the right side they are underneath, and shine through the transparent stuff on top with a fascinating shadowy effect.

While this work is very showy and durable, it is extremely simple of execution, and can easily be picked up, even by the novice in embroidery who can only do plain buttonholing, satin stitch and outlining.

It is now being used in many ways, both for gowns, blouses and trimmings, and for toilet accessories, such as pin cushion and bureau covers, glove cases, dainty pillow tops and table covers.

The materials for this work must be of two kinds—a diaphanous fabric such as Swiss batiste, sheer muslin or Persian lawn for the article to be made, and of heavier goods, such as linen or lawn, for the applique. The design is stamped on the right side of the heavier goods, and the sheerer is then basted on top of it, care being taken that the warp threads run in the same direction. The stamping is plainly seen through the covering and the embroidery is done through both materials.

The working is simplicity itself. Do the edges either in a close buttonhole or satin stitch, work the stems either in a satin stitch or cord them under the under part has been cut away. Finish the centers in eyelets, French knots or work them solid. If one wishes to get more elaborate effects some of the parts should be seeded and veined, or, indeed, a number of intricate stitches can be used. Work with a mercerized cotton or silk.

The chief danger in this shadow applique is in cutting away the heavier lining underneath. Use small, sharp scissors and cut close to the edges of embroidery and around the outside of each figure.

Though as a rule this applique is daintier in all white, it is very attractive when a color is used for the under and heavier part of the work. Care should be taken to have the color set before using, or otherwise it fades long before the article is worn out.

### Don't Go to Bed With Cold Feet.

Don't go to bed with cold feet and suffer agonies of wakefulness because you fancy it is "faddy" to use a hot water bottle. It may be faddy, but it is better to be faddy than foolish. A clever beauty doctor maintains that the woman who suffers from cold feet at night and doesn't take means to avoid the discomfort has only herself to thank if she grows old and wrinkled before her time, the misery produced by cold feet being a frequent cause of crow's-feet and other kindred evils, owing to the fact that when she goes to sleep it is with a set look of misery on her face, while her wiser "faddy" sister hugs her hot water bottle and is happy, says Home Chat.

It is a well-known fact that if the feet are comfortably warm the rest of the body is generally in a similar condition.

It should be a part of every woman's mental equipment, for women are called upon to bear so many of life's small worries as well as its greater ones. The bringing up of children, the care of servants and the many social duties that become a burden, are all made easy and possible to put up with by the woman with an un-fading sense of humor and of the bright side of life.

Laughter is a good, healthy, muscle-making, lung-developing exercise, and it is as good for girls as boys. And humor can be cultivated in a girl's mind without any abatement of the dignity and modesty and charm of her womanhood. Not the unpleasant and constant frivolity evidenced in "smart" speech or quickness of repartee, but the humor that looks at the world with a twinkle in the eye and sees its absurdities, its smallness and its fun, says Woman's Life.

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### Colors in Braid Hats.

From the Millinery Trade Review.

A new fine sort of watered silk has appeared, which is used for stitching over some few of the spring shapes to which borderings of Belgian or Tuscan are applied.

The choice of coloring is very wide in all sorts of straws, including, of course, Tugal. For self-colored straws the most favored, besides pale yellow, are the darkest of the Houbion shades, the aloe, greens, smoke and silver grays, golden browns, the deepest of the nankin shades, the tremiere pinks, and a new shade called by some "dark lemon" and others "mustard," and partaking about equally of yellow, brown and green. Where two or more colors are plaited together some shade of blue or violet often enters into combination with various pinks, maroons, grays or greens. Medium dark shades of porcelain and electric also figure conspicuously in the materials and ribbon. An electric blue-green has been added to the list of fashionable colors.

For glaze effects a good deal is done in combinations of the various pale pinks and apricots with equally pale greens, maroons and yellows.

### A Real Partner.

From Home Chat.

You want to help the man you marry to be fine and strong and true. Show him that you believe he has all those qualities. You will raise his own self-respect and bring him to the level you tell him he occupies.

### A Beautiful Work Bag.

HINTS on bag making rarely come amiss. No woman ever has enough fancy bags—there are so many uses to which they can be put and they sell so quickly that there seems an ever-present necessity for making new ones.

A charming bag seen the other day could easily be made by any woman who can embroider a little.

It was made of two heart-shaped pieces of heavy art linen, in a pale shade of tan. The bottoms of these pieces were rounded instead of divided into two lobes, and the upper edges were formed by cut-out petals of the daisies which edged it.

Each piece was covered with a graceful design of conventionalized daisies, put on singly so that all ran perpendicularly on the linen. These flowers were worked in long and short stitches, in three or four shades of yellow filo. The upper daisies, part of which formed the cut-out edge, were in the darkest tones, with bright orange French knot centers; the lower flowers gradually became lighter, till some were a pale lemon. The stems were done in soft greens.

Both sides of this shield were worked exactly alike and were joined together all around by large brass rings about three-quarters of an inch in diameter. These rings were buttonholed in yellow filo, sewed to the separate pieces at opposite edges and then laced with ribbon the same shade as the rings.

This covering was then attached to a silk bag of a little lighter tone than the ribbon. It was made of two straight pieces of silk slightly more than twice the length of the heart-shaped canvas outsides, whose points came about the middle of each half of the bag. The ends of the bag were finished with a two-inch hem, with a double row of stitching about half an inch apart, through which ran yellow ribbon drawstrings.

### Wifely Attentions.

A little attention, which counts much in making a man appreciate his home, is for his wife to be always at his command when he has unusual duties to perform. If there is a special piece of business that has to be attended to early in the morning, a wife should be up herself, too, and making sure that his breakfast is served hot and appetizing. Or when the order is reversed, and he comes in late, some dainty left over from dinner never fails to find an appetite, while the attention is much more appreciated than the food. Equally it is true that every one who is busy during the day wants his meals at regular intervals, and not served fifteen or twenty minutes later than they expected. But the wife should not be alone in paying little attentions of this sort. The husband has quite as much a share to contribute on his side. In fact, little attentions are even more indispensable to a woman than a man, says Woman's Life. A most essential thoughtfulness is an occasional present brought home unexpectedly to her, or, failing this, a man should make sure that his wife has her recreation as he does his.

### Green Suits Blue-Eyed Blonde.

At every season the fashionable color changes, so surely the question arises in every woman's mind, if she be at all thoughtful of her personal appearance, "Will it become me, and if not, what colors will and still not stamp my toilet as being out of date?" The brunette has the advantage over the blonde, as her eyes are generally brown or black, and therefore her skin need only be considered in choosing her colors, while the blonde must select hers to match the blue, violet, green-gray or blue-gray of her eyes also. Thus it is generally believed that blue is the blonde's own color, but if she has the slightest tinge of green in her eyes pale blue will be fatal to her, though, strangely enough, green is becoming to blue-eyed blondes.

### Gray and Yellow.

Gray and yellow are to be used much together, especially gray tailor-mades with yellow facings and cuffs. The latest thing in the tailor-made line is the waistcoatlike jacket in striped and checked materials. This makes the waistcoat correspond with the general scheme of the gown and displaces, for a time at least, the vest of plain silk or cloth.

A number of women prefer pongee and silks of that class for spring, or until it is time to change them for the summer line. The latest patterns in these fabrics show delightful stripe and plaid effects, and gray and yellow combinations find frequent repetition here.

DESIGNED BY  
Margaret A. Ryck

### WILD CARROT DESIGNS FOR FRENCH KNOT EMBROIDERY

VERY effective work is being done just now on bureau covers, table covers, pillows and pincushions, in which the simple French knot plays a very important part. In fact, the entire flower is made up of nothing else but these knots, put very close together and made very tight and even.

Naturally, this treatment requires a design in which the flower is composite or composed of many small petals. Wild carrots, with their feathery looking heads, are specially favored for such work.

A very pretty set seen recently, consisting of a long bureau scarf, pincushion and mouchoir case of white linen, had a graceful design in wild carrots and wheat, with long-leaved foliage. The linen was quite heavy, and a mercerized floss was used to work it.

The large, showy heads of the carrots

were worked solid with hundreds of French knots. By the way, the secret of a good French knot is to keep the thread very taut when pushing the needle down through the goods after it has been wrapped. Also stick the point of the needle down as close as possible to where it came up without pulling through. Wrap the thread around the needle three or four times.

The wheat was worked in the ordinary wheat stitch, which is merely a cross over-and-over stitch, around two or three long, loose threads that are caught at each end to the linen.

The foliage of this design was worked in a very effective and rapid manner. The leaf was outlined all around, and the centers filled in with a briar stitch.

All the pieces were finished around the edge with a narrow cluny lace.

The handkerchief case was made up over a pink silk lining, and the long pincushion had pink baby ribbon run through a narrow beading above the lace, with fluffy little bows at each corner.

### A Millinery Item.

It is a pretty fashion now to use brown tulle as a bandeau trimming on every hat when the wearer does not have black hair. This tulle or net tones in with all shades of hair, and is used in the first place because of the popular and pretty fashion of catching the hair up into the bandeau after the hat is put on. This was started two seasons ago by fashionable women, and has since become universal.

If one wears a well-sized pompadour the hatpin is lightly run through the edges of it before being pushed through the hat. This is the best way to do it. In the very front use invisible brown hairpins, catching the hair to the tulle.

### For the Lenten Season.

House dress models claim a large share of attention during the Lenten season, as quiet teas and informal functions take the place of bridge among conservative leaders of fashion. For these the Roman stripe silk mousselines are new and dainty. Trimmed with lace and bands of silk or satin, they are fashioned into handsome house frocks. Almost any trimming which simulates a tassel or pendant form of decoration is modish, and the most beautiful little gold and silver tassels are used on silk gowns with net and lace trimmings. A less expensive substitute for gold and silver braids are the pale gray and white silk bands embroidered with silver and gilt tinsel. They wear quite well, and the art of making them has been so much improved upon that they no longer tarnish after they are worn the first or second time.

### Queer Spring Hats.

From Harper's Bazar.

"There is only one way in which the new hats may be described, and that is queer! Every one is complaining of them, and every one is trying her best to find one, even though she does not like it, which will be passably becoming! The attraction of the queer is, however, always sure to win a certain number. You see, the hair is worn so heavily massed about the head this season! There are so many puffs and curls in addition to the ordinary head that the new hats, to be really becoming, must be fitted to the head of each individual, and even be shaped for each one! Almost all the milliners this season have to be prepared to make the hat itself for each client."

A good deal of mushroom aristocracy is raised in wine cellars.—Puck.